

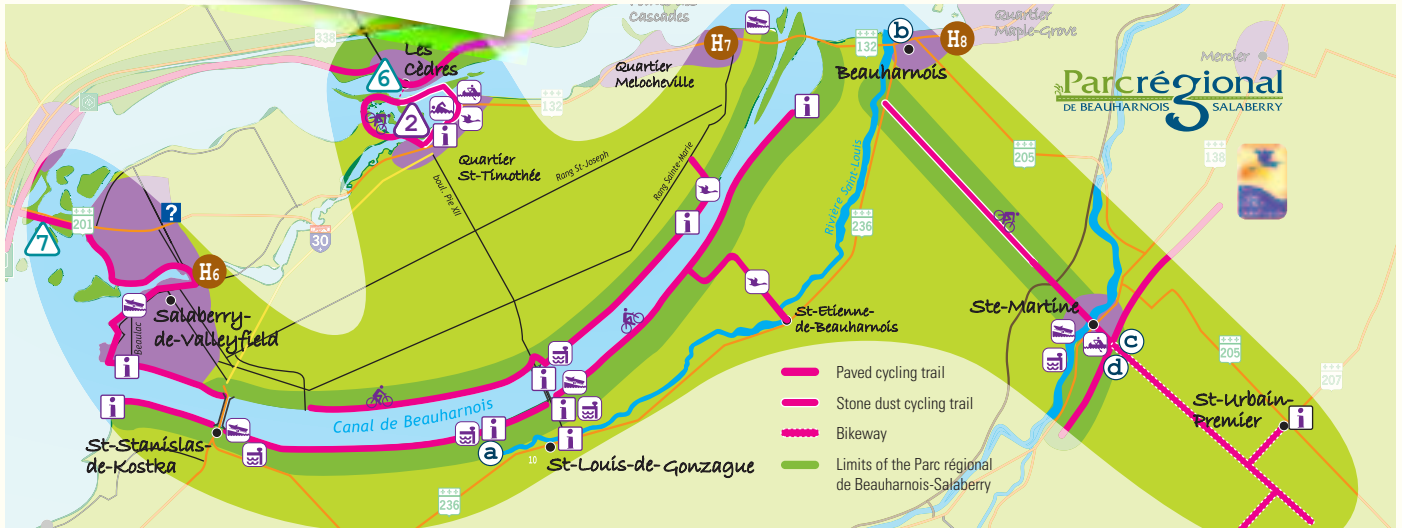


Beauharnois-Salaberry nature parks

On foot or in-line skates, by bike or boat, enjoy all that nature has to offer. Be attentive and keep your eyes peeled for a rare bird or other animal!



An amazing bird observation area




CYCLING

PARC RÉGIONAL DE BEAUHARNOIS-SALABERRY


Hop on your bike and follow the path along the banks of the Beauharnois Canal and through farmlands. This 70 km trail, 63 km of which is paved, is also perfect for walking, cycling or in-line skating. Level: easy

For groups, the park escort is at your disposal to cross bridges. For more informations, contact us at 450 377-7676 or 1 800 378-7648

THE SAINT-TIMOTHÉE BASIN LOOP

 Explore the island and dams of the Hydro-Quebec basin. This 7.3-km is located right in the middle of the St. Lawrence River. Level: easy

OPEN-AIR INTERPRETATION CENTRE

 Discover a rich legacy from the past through the interpretation stations dotted throughout the territory of the RCM, close to the bike paths. An original museum experience in a truly exceptional tourist site! Let us tell you a story, ours!

450 377-7676 / 1 800 378-7648

SWIMMING



You'll fall instantly in love with this site's magnificent sandy beach and clear waters. Volleyball courts, children's play structures, walking trails, and boat rentals.

Parc régional des îles Saint-Timothée

Discounts see page 25

450 377-1117

From \$7

KAYAKING



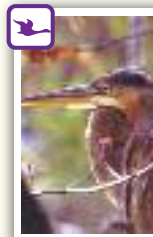
Rent a kayak and explore the islands in this little corner of paradise on the banks of the St. Lawrence River.

Parc régional des îles Saint-Timothée

450 377-1117

From \$4 (location)

ORNITHOLOGY



Developed by Ducks Unlimited, the observation area at the Parc régional de Beauharnois-Salaberry looks over a teeming marsh with a bike path passing through. The Parc régional des îles de Saint-Timothée will take you on a journey of discovery of over 100 bird species.

450 377-7676 / 1 800 378-7648




FISHING AND PLEASURE BOATING



Five boat ramps and five docks are available for boaters. There are some excellent fishing spots to be discovered.

450 377-7676 / 1 800 378-7648

ACCOMODATION

-  **H6** Hôtel Plaza Valleyfield et Centre des congrès
Page 14
-  **H7** Hostellerie du Suroît
Page 16
-  **H8** Domaine du Héron Bleu
Page 17

HIDDEN TREASURES

-  **a** Élevages Périgord - Palme d'or, boutique
450 377-8766, poste 57
-  **H7** Hostellerie du Suroît, restaurant
450 225-1050
-  **b** Ristorante di Ponza
450 225-5959
-  **c** Restaurant Le Reggiano
450 427-2333
-  **d** Les Délices du Passant, restaurant
450 427-1330